



# 2011 USATF Region 7 Junior Olympic Cross Country Championships



Saturday, November 19, 2011  
Northview Church  
12900 Hazel Dell Parkway  
Carmel, IN

## JUNIOR OLYMPICS SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Start Time
Intermediate (born 1995–1996)	5 km (3.1 miles)	Girls – 9:30 a.m.      Boys – 10:00 a.m.
Young (born 1993–1994)	5 km (3.1 miles)	Girls – 10:00 a.m.      Boys – 9:30 a.m.
Sub -Bantam (born 2003 and later)	2 km (1.24 miles)	Girls – 10:30 a.m.      Boys – 10:45 a.m.
Bantam (born 2001 - 2002)	3 km (1.86 miles)	Girls – 11:00 a.m.      Boys – 11:25 a.m.
Midjet (born 1999- 2000)	3 km (1.86 miles)	Girls – 11:50 a.m.      Boys – 12:15 p.m.
Youth (born 1997–1998)	4 km (2.48 miles)	Girls – 12:40 p.m.      Boys – 1:10 p.m.

## INDIANA ASSOCIATION OPEN & MASTERS CROSS COUNTRY CHAMPIONSHIP

Open & Masters (19 yrs and older)	5 km (3.1 miles)	9:00 am (Register at <a href="http://www.inusatf.org">www.inusatf.org</a> )
-----------------------------------	------------------	---

**HIGH SCHOOL ATHLETES:** High school athletes are not required to compete in the Indiana or Illinois Association meets, however, to compete in the Region 7 meet, the athlete must register for the Association meet and submit a waiver request to the respective association by the Association meet registration deadline. Athletes receiving waivers must then register and declare participation for the Region 7 meet to compete.

### ELIGIBILITY REQUIREMENTS:

*Individuals:* Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver’s license, or U.S. government identification) is required and must be submitted with each entry.

*Teams:* Only registered USATF member clubs may enter a team. All athletes representing the club must be must be affiliated with that club as part of their USATF membership. To enter a team a club must submit the Team Entry/Declaration form. Only athletes listed on the team declaration roster form will be eligible to represent the club at the Association, Regional or National championships.

**TEAM SCORING:** Eight (8) athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Bib numbers will be distributed to athletes during packet pick-up.

**EVENT RESULTS:** During competition, event results will be posted at the site. Final event results will be posted at [www.inusatf.org](http://www.inusatf.org).

**AWARDS:** USATF Junior Olympic medals will be awarded to the top twenty individuals in each age division.

**ADVANCEMENTS:** Top 20 individuals and top 3 teams in each age group advance to the USATF National Junior Olympic Cross Country Championship on Saturday December 10, 2011 at Whispering Pines Golf Course in Myrtle Beach, South Carolina. Additional information is available at: [www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships](http://www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships).

### ENTRY FEES & DEADLINES:

On-time registration: Must be done online by following the link at [www.inusatf.org](http://www.inusatf.org). Registration will open on Tuesday November 8, 2011 and close on Wednesday November 16, 2011

Individual Entries: \$15.00 per athlete.  
No entries will be accepted on day of meet.

Team Entries: No additional fee

**PAYMENTS:** online credit card or electronic check.

**DIRECTIONS & PARKING:** Visit [www.inusatf.org](http://www.inusatf.org) for directions and parking information.

**CONTACT:** Randy Stafford (Youth Chair) 812-377-3279 or [IndianaJOMeets@gmail.com](mailto:IndianaJOMeets@gmail.com)  
Latashia Key (Meet Director) [IndianaJOMeets@gmail.com](mailto:IndianaJOMeets@gmail.com)